A Spiritual Warfare Prayer

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"For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places. ... 18 With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints," (Eph 6:12, 18 NASB).

Every disciple of Jesus engages in spiritual warfare against the world, the flesh and the spiritual forces of evil, which seek to destroy a person's relationship with God (John 10:10; Romans 8:7; James 4:4). To overcome these enemies the disciple is commanded to pray and keep on praying. Spiritual warfare prayers apply the truths and doctrines of Scripture to strengthen the believer. When prayed in faith a person may draw closer to Jesus and increase resistance to temptation.

"Heavenly and holy Father, I humble myself in worship before you. Hallowed be Your Name! Glory, honor and praise to You forever! You are worthy of my adoration, devotion and thanksgiving. I worship you, Jesus, as my Master, Messiah and King. I honor You Holy Spirit, as my Light and Power.

"I commit myself to love You with all of my heart, mind, soul and strength. I submit myself to You and to all whom you have put in authority over me. I yield all that I am and all that I possess to You. Here is my body as a living sacrifice, consecrated to you as a temple of the Spirit. I give myself to you completely and without holding anything back.

"Righteous Father, by faith and in obedience to your command, I choose to put off the old self which is being corrupted by its deceitful desires and put on the new self, created to be like the God of Israel in true righteousness and holiness. Give me Your grace to resist all the forces of darkness that stimulate the desires of the flesh. Destroy the devil's work in my life. By the power and authority of Jesus our Lord and Redeemer, I retake any ground given to the enemy of my soul and release its full control to the Spirit.

"I submit to the authority of Jesus as the Head of the Commonwealth of Israel and Body of Messiah and rejoice in His rule and reign in the universe. May Your Kingdom come in its fullness on earth.

"I praise you Father for the atoning sacrifice of Jesus for my sins, and not for mine only but also for the sins of the whole world. Thank you Father for the cleansing power of Jesus' blood. I share in the victory over death and hell accomplished by our Lord Jesus.

"I praise you Father for the power of Jesus' resurrection for my spiritual transformation so that I may walk in newness of life. I claim the victory of His glorification in His resurrected body and look forward to my resurrected and glorified body when Jesus comes again to earth.

"I praise you Father that Jesus ascended and sits at your right hand, exalted above all angelic and human authority and powers. Thank you Father for the power of His daily intercession for me and for all His people. I open myself to receive the power of the Spirit promised by the Lord Jesus our Messiah for all His disciples so that I may walk in a manner worthy of the Lord and to please Him by living in accord with Your holy commandments. For this day I desire the fullness of the Spirit to serve You in my life without hindrance. I pray for all the power of His sanctifying work within me that I may bear fruit in every good work.

"Heavenly Father, with the divine power of weapons of righteousness that you give in Messiah Jesus, I purpose to tear down strongholds of the adversary in my life and in the lives of those I love. I reject every argument and excuse for not knowing the Holy One better and better. I refuse to accept the ideas and excuses that make sin attractive. Give me the mind of Jesus and enable me to take captive every thought to make it obedient to Him.

"I pray that the Lord of Hosts will crush the strategy of the enemy formed against me today. Expose the deceits of the adversary, O God, against my heart and carefully guard my desires and emotions. Remove any anxiety, bitterness, resentment, anger, loneliness and lust, and fill me with Your peace that transcends all

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understanding.

"Sovereign Lord, I choose to draw on your wisdom and strength by meditating on your Word every day. Give light for my path and understanding for my decisions. I will sing psalms, hymns and spiritual songs, always giving thanks to God the Father for everything, in the name of our Lord Messiah Jesus. O Spirit, I ask you to bring these songs to my mind throughout this day.

"In obedience to the command in your Word, I commit myself to be strong in the Lord and His mighty power. Thank You for the full armor that you provide. Enable me to make full use of the belt of truth, the breastplate of righteousness, the shoes of readiness that come from the good news of *shalom*, the shield of faith that extinguishes all the flaming arrows of the evil one, the helmet of salvation and finally the sword of the *Ruakh*, the Word of God. Train me to use all these parts of

spiritual armor with supernatural ability. Stimulate me to pray on all occasions with all kinds of prayers and requests.

"Thank you, God, for loving me and providing everything for my life, salvation and future. Open my eyes today for the opportunity to love others and to give my life in service for them. Grant me opportunities to use the spiritual gifts you have given to me in an attitude of humility and joy. I enter this day with thanksgiving and praise. Open my eyes to what you are doing, Holy Father, and allow me to be used of the Spirit as a part of it.

"I pray in the confidence of the wonderful name of our Lord Jesus who is able to keep me from falling and to present me before your glorious presence blameless and with great joy. Amen."

Prepared by Blaine Robison in 2001 and adapted from "Daily Warfare Prayer," Charles Mylander, *Running the Red Lights*, Regal Books, 1986, pp. 86-90.